



**ILLINOIS STATE UNIVERSITY
HEALTH EDUCATION PROGRAM**

Undergraduate plan of study (effective 2008-2010 catalog)

GENERAL EDUCATION– *Minimum 39 hours (13 courses) required.*
Refer to the ISU Undergraduate Catalog for complete list of courses. No more than 3 credit hours may be chosen from the major department.

INNER CORE

_____ ENG 101 Composition & Critical Inquiry	3 hrs
_____ COMM 110 Communication & Critical Inquiry	3 hrs
_____ MATH	3 hrs

NATURAL SCIENCES:

_____ <i>BSC 101 recommended</i>	3 hrs
_____ Choice of CHE, GEO, PHY	3 hrs

MIDDLE CORE

_____ Quantitative Reasoning	3 hrs
_____ United States Traditions	3 hrs
_____ Language in the Humanities	3 hrs
XX _____ Individuals in Civic Life Exempt – Disciplinary Competence	
_____ Individuals and Societies - <i>PSY 110 recommended</i>	3 hrs

OUTER CORE

_____ Science, Math, and Technology - <i>BSC 145 recommended</i>	3 hrs
_____ Social Sciences - <i>PSY 113 recommended</i>	3 hrs
_____ Fine Arts	3 hrs
_____ Humanities	3 hrs

- *Outer core must include at least one global studies course.*
- *Due to disciplinary competence in MC-ICL, must pass US and IL Constitution Exam to meet graduation requirement.*

For additional information contact:
Illinois State University, Department of Health Sciences #5220
Normal, IL 61790-5220, (309) 438-8329

MAJOR COURSE REQUIREMENTS

Complete the Core and either the School or the Community Sequence

CORE REQUIREMENTS (21 hrs)

_____ SOC 123 or PSY 123 Human Sexuality	3 hrs	
_____ HSC 190 Foundations of Health Education	3 hrs	F
_____ HSC 290 Strategies in Health Education	3 hrs	S
_____ HSC 292 Community Public Health	3 hrs	
_____ HSC 293 Human Disease Processes	3 hrs	F
_____ HSC 294 Diseases of the Human Body	3 hrs	S
_____ HSC 390 Drugs in Society	3 hrs	

SCHOOL HEALTH EDUCATION SEQUENCE (41 hrs)

_____ HSC 387 Programs in School Health	3 hrs	F
_____ HSC 391 Curriculum & Eval School Health (Internet)	3 hrs	
<i>Electives: 1 course chosen from the following:</i>		
_____ FCS 102, HSC 105, 156, 296	3 hrs	

Professional Education Requirements:

_____ PSY 215 Educational Psychology	3 hrs
_____ C&I 212 Issues in Secondary Education	2 hrs
_____ C&I 214 Reading in Content Areas of Secondary Ed	3 hrs
_____ C&I 216 Instructional & Evaluative Methods	3 hrs
_____ C&I 216.08 Lab P.E./Health	0 hrs
_____ STT 399 Student Teaching in Health Education	12 hrs
_____ EAF 228, 231 or 235 Ed Admin Elective	3 hrs
_____ *C&I 233.01 Mid Level Ed & the Young Adol	3 hrs
_____ *PSY 302 Dev. Psychology of Adolescence	3 hrs

**Necessary for Middle Level Teacher Education Endorsement*

School Health Education majors must complete a second teaching area

COMMUNITY HEALTH EDUCATION SEQUENCE (36 hours)

_____ BSC 145 Human Biology	3 hrs	
_____ HSC 204.01 Health Data Analysis: HED	3 hrs	F
_____ HSC 286 Needs Assessment in Health Education	3 hrs	Sp
_____ HSC 296 Concepts in Health Education	3 hrs	
_____ HSC 395 Media and Materials	3 hrs	F
_____ HSC 396 Program and Evaluation	3 hrs	F
_____ HSC 398.02 Professional Practice	>9 hrs	
<i>Electives: 3 courses chosen from the following:</i>		
_____ FCS 102; HSC 105, 156, 170, 208, 387, 394	9 hrs	

A minor is recommended but not required for Community Health Education majors